

2021

CMHC Healthcare Home Annual Report

The Healthcare Home Program was designed to assist individuals in accessing needed health services and supports, managing their co-occurring behavioral and physical health conditions, and improving their general health by providing integrated care for chronic physical health conditions.



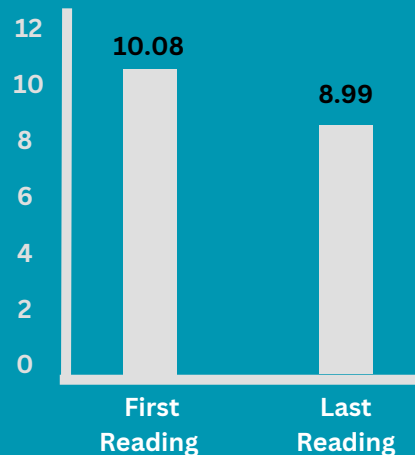
HEMOGLOBIN A1C IMPROVEMENT

Individuals with A1c values under 8.0 are less likely to have diabetes-related cardiovascular & neurological disease complications.

36% Of individuals who had multiple readings during 2021 showed a decrease between their first and last A1c value. (5,181 of 14,371 individuals)

58% Of individuals who had a **HIGH (>8%) reading at their first** visit saw their A1c **DECREASE** by their last recorded value. 517 out of 885 individuals. (of 885 individuals)

Entire Population (14,371) - Avg. A1c at first & last (most recent) reading

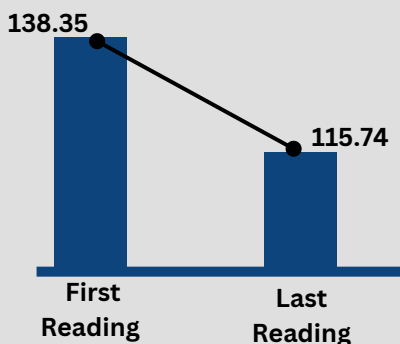


LDL CHOLESTEROL IMPROVEMENT

Individuals with lower LDL values are considered at a lower risk for developing coronary artery disease.

LDL improvement for those whose first reading was >100 in 2021

Comparison of First to Most Recent value

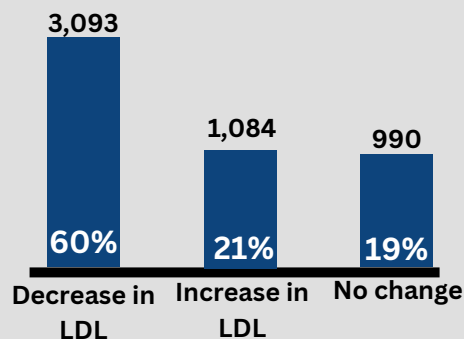


22 point

Decrease in LDL level on average for those with HIGH first readings.

60%

Decrease in LDL level on average for those with **HIGH** first readings.

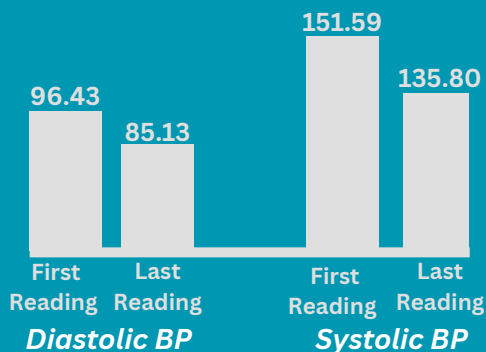


BLOOD PRESSURE IMPROVEMENT

Individuals with lower blood pressure (BP) have a lower risk for cardiovascular disease among other health issues.

BP Improvement for those whose first reading was considered "high" in 2021

Avg. BP readings for individuals who had high values @ first visit



10%

Decrease in Diastolic BP*

12%

Decrease in Systolic BP*

74%

of individuals who had a high initial reading saw a decrease in Diastolic BP value.

71%

of individuals who had a high initial reading saw a decrease in Systolic BP value.

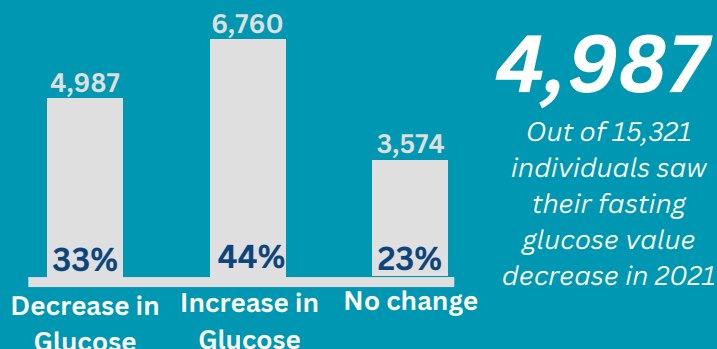
*A decrease of 6 mm/Hg in BP can result in a 16% decrease in cardiovascular disease and a 42% decrease in stroke risk.

2021

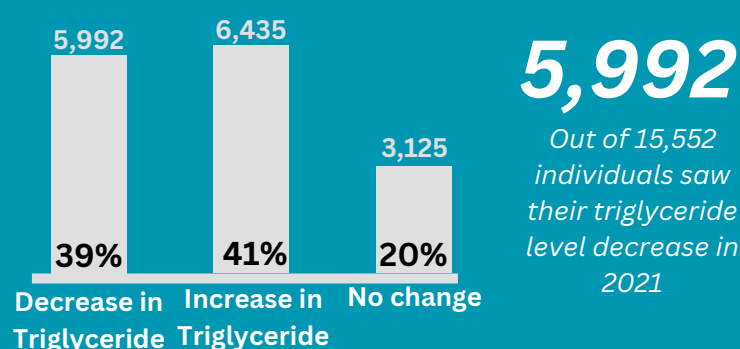
CMHC Healthcare Home

Annual Report

FASTING GLUCOSE VALUES

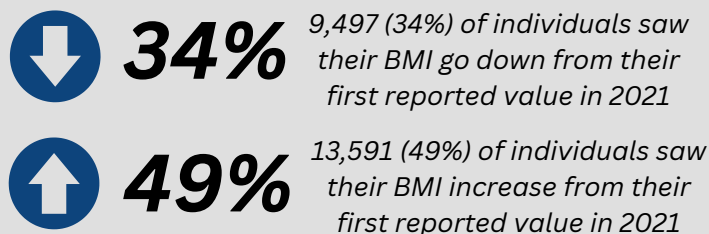


TRIGLYCERIDE LEVELS

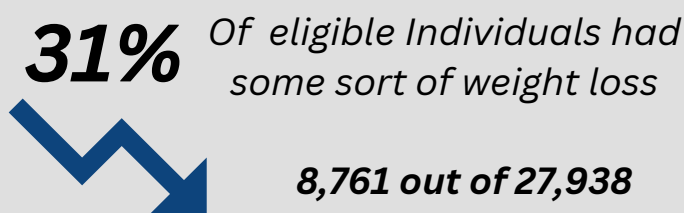


BMI & Weight Management

BODY MASS INDEX (BMI)

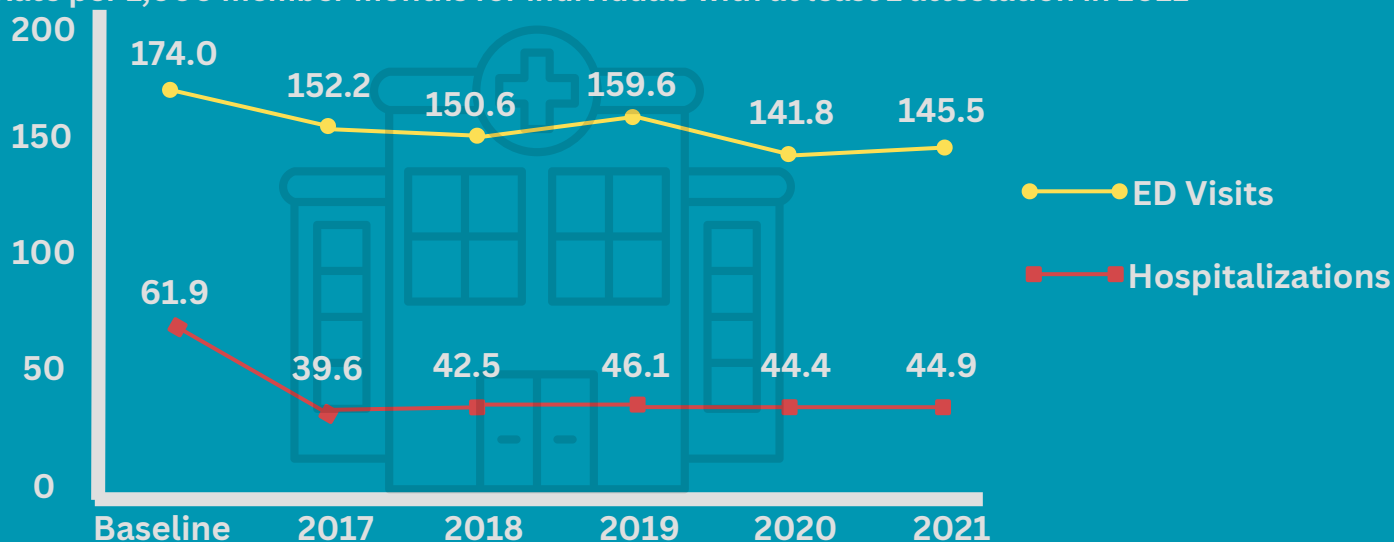


WEIGHT LOSS



HOSPITALIZATIONS & EMERGENCY DEPARTMENT VISITS

Rate per 1,000 member months for individuals with at least 1 attestation in 2021



16% Decrease in ED visits from baseline year

27% Decrease in Hospitalizations from baseline year

20
21

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POPULATION HEALTH HEALTHCARE HOME MEASURES

Statewide Performance Rate for 2021

MEASURE	GOAL	ADULT	YOUTH
Metabolic Screening Complete	80%	67.8%	76.5%
Asthma Medication Adherence	70%	98.0%	96.5%
Blood Pressure Control for Hypertension	60%	54.0%	
Blood Pressure Control for Diabetes	65%	56.6%	
Hemoglobin HbA1c Control Diabetes	60%	46.5%	40.5%
LDL Control for Diabetes	36%	53.2%	
LDL Control for Cardiovascular Disease	70%	56.3%	
Obesity Weight Loss		30.2%	
Severe Obesity Weight Loss		38.1%	
Tobacco Use Control	56%	35.9%	77.5%
Hospital Follow Up within 72 hours		58.5%	71.0%
Hospital Follow Up within 72 hours with Medication Reconciliation		53.8%	66.7%
Hospital Follow Up within 7 days		73.2%	82.9%
Hospital Follow Up within 7 days with Medication Reconciliation		67.1%	78.0%
Hospital Follow Up within 30 days		67.2%	69.0%



Exceeding Goal